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COVID 19 – A Homoeopathic Perspective

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Abstract

There is a possibility in Homeopathy Medicine to treat the Pandemic COVID -19. This virus causes a serious and fatal respiratory illness to the victims. It is asymptomatic and reported by experts that out of 100 people infected 80 people did not have symptoms at all. Arsenic Album a homoeopathic medicine can be given for prevention as it acts well on every organs and tissues.

Keywords: Homoeopathy, medicine, virus, Covid19, Arsenic Album

INTRODUCTION

Article

The world is now struggling a lot to combat the Coronavirus, and the medical community is also in doldrums as there is no vaccine or any specific treatment for COVID 19 as of now, but it can be treated with the Homoeopathy Medicine. In this paper, an attempt has been made to systematically analyse the effectiveness of homoeopathy in the management of Contagious Disease like Covid 19

CORONA VIRUS AND ITS FAMILY

A group of spherical or pleomorphic enveloped RNA viruses, carrying petal or club shaped peplomers on their surface has been termed as corona virus and the same is classified into two groups viz.,

1. Acid Labile Virus [Associated with Common Cold and Illness]

2. Acid Stable Virus [Associated With Human and Animal Gastroenteritis]

The corona virus have been discovered in recent past and identified as mentioned below:

- a. Severe Acute Respiratory Syndrome [SARS]- It causes a serious and sometimes fatal respiratory illness. It was first discovered in China in 2002 and spread around the world and then it was controlled by both Allopathic and Ayush System of medicines.
- b. Middle East Respiratory Syndrome [MERS] it is a severe respiratory illness discovered in Saudi Arabia in 2012. The illness has spread to 27 countries and it was controlled subsequently.
- c. Corona Virus Disease 2019 [COVID 19]- It was discovered in 2019 in Wuhan city, in the Hubei province of china. The outbreak of Covid 19 and is being closely monitored by the Centers for Disease Control [CDC] and The World Health Organization [WHO].

SOME OF THE COMMON SYMPTOMS OF COVID 19

Fever, cough, shortness of breath are the common symptoms of COVID 19. However, some people are asymptomatic. India's top medical research center has reported that out of 100 infected people, they studied, 80 people did not have symptoms at all.

As there is no specific therapy or prophylaxis has been identified, Homoeopathy MEDICINES can be taken for prevention as we did earlier in the cases of SARS and MERS pandemic diseases .The patients who have taken the medicines for prevention are not get affected and the medicines given for the isolated patients are getting well . Corona virus spreads incredibly quickly among the people due to its newness – no one on earth has immunity to Covid19, because no one had Covid 19 until 2019.

Homoeopathy medicines are selected based on the symptoms, the affected people produced. Even after collecting the symptoms medicines may vary from person to person. In this connection, Arsenic Album can be given for prevention as it acts well on every organs and tissues. Homoeopathy has been proved well in the previous pandemic diseases namely Asiatic cholera, Spanish Flu, and the recent disease Ebola Virus.

Homoeopathy is a medical science that uses natural substances to mimic illness and stimulate healing. It is based on the idea of "Like Cures Like". Any substances in a healthy person can cure those same symptoms in a sick person. Germs can never develop a resistance to Homoeopathic medicines, as the remedies do not kill the germs directly rather they stimulate the Immune System to facilitate healing. Homoeopaths have cured many diseases for the past 200 years.

The Practice of Homeopathic Remedies in the Past and the Present

In 1918, The world wide Influenza epidemic killed over 20 million people. The survival rates were 70 percent with conventional medicines, among that 70 percent, 98 percent was due to homoeopathy medicines. Some viral diseases such as Ebola ,Hanta virus, Viral hepatitis, Yellow fever, Polio, Rabies, Dengue fever, Mumps, Measles, Herpes Simplex and Zoster were mostly treated by homoeopathic medicines.

• In 2007, The Cuban Government gave Homoeopathic remedy to prevent an Epidemic of Leptospirosis for 2.4 million Cuban peoples, within a few weeks the number of cases had fallen substantially.

- In 1974, Brazil gave homoeopathy remedy for 18,600 children to prevent Epidemic of Meningococcal Meningitis.
- In 1902, Lowa State in US gave homeopathy remedy, Variolinum to 2,806 patients for the epidemic of Small pox and the protection rate in that case was 97 percent.

Many patients had been benefited by Homoeopathy Medicine, as it works both cellular and dynamic levels to root of the disease. It has no side effects. Coronavirus is really a serious threat to the populations though out the world widely

According to the "The Free Press Journal, from Mumbai dated 26 .4.2020 The Dean of Seven Hills Hospital in Mumbai - A Municipal Hospital [covid 19 isolated hospital], has administered a homeopathy remedy "Zincum Muriaticum" for Covid -19 isolated patients and the recovery period was less than the recovery period of other treatments. The Gujarat Government has given 76.72 lakh doses of homeopathic remedies namely ARSENIC ALBUM 30 potency so far to boost immunity among the people in Gujarat.

CONCLUSION

As per the historical evidences, homeopathy remedies have played a crucial role in boosting immunity among the people as well as to cure many contagious and deadly virus diseases. Homeopathic remedies are effective against viruses, but antibiotics are not. Therefore, the author suggests that a few homeopathy remedies viz, Arsenic album, Camphora officinalis, Bryonia alba, Zincum muriaticum may be administered along with conventional medicines to improve people's immunity as well as to prevent the Novel Covid -19.

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